



SUN WEST SCHOOL DIVISION

Student Career News

We hope this edition of the Student Career News supports your life/career investigations. This newsletter highlights a few happenings, news items, upcoming events, and scholarship info to assist you with your life/career planning.
Enjoy!

Winter 2025 Edition

This newsletter is created to support students (and their families) in planning for graduation and post-graduation.

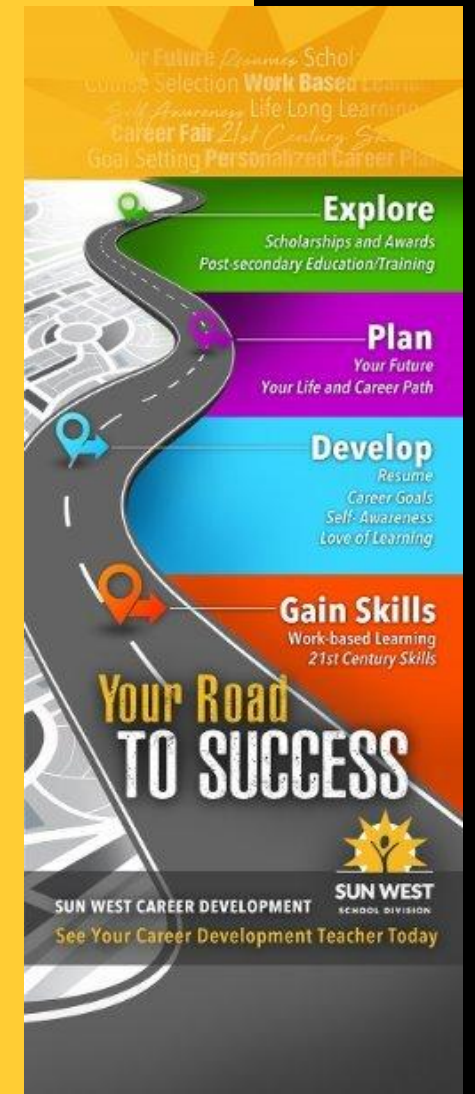
The majority of information is directed towards current grade 12 students, but each edition will incorporate ideas for Grades 9-12 students, so please feel free to scan for highlights unique to your life/career planning.

Your future awaits!



Sincerely,
Career Development Teachers

Creating a Roadmap of our **ROADS TO SUCCESS!**



Winter 2025
Edition



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Our Career Development Team

Tips for Career Planning:

- Scan this entire Student Career Newsletter for information and ideas.
- Consider following social media of post-secondary institutions of interest to stay on top of timely updates.
- Connect with your school's Career Counsellor



Develop



Develop

Resume

Career Goals

Self-Awareness

Love of Learning



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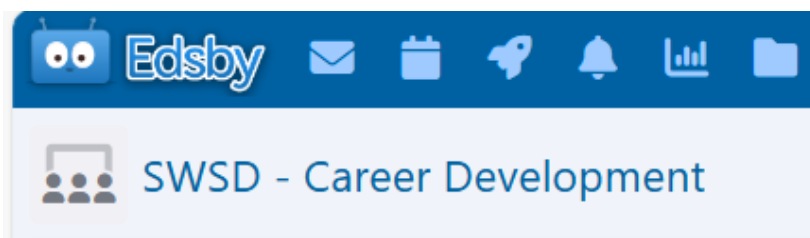
Celebrating Career Opportunities

Our 2025-2026 Team of Career Development LEAD Teachers

Students and Parents/Guardians are invited to connect!

Our Career Development Team has launched the
SWSD – Career Development Goup in Edsby
which is open to Sun West Grade 10-12 Students
and Parents/Guardians.

The group contains life/career planning resources, links, tips
and tools and will evolve over time.



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Celebrating Career Opportunities

Our Career Teachers support students with the life/career planning process.



Plan:

Your Future, Your Life, Your Career Path

Our CD Team helps students:

- Utilize myBlueprint.ca to develop high school plans, post-grad budgets and explore employment prospects
- Select high school courses and plan for post-secondary pre-requisites
- Engage in the Roads to Success Career Fair (offered every two years)



Develop:

Resumes, Career Goals, Self-Awareness and Love of Learning

Our CD Team helps students:

- Utilize myBlueprint.ca for learning profiles
- Complete career assessments and explore post-graduation pathways
- Practice job communications with resume, cover letter, interview and networking skills.
- Earn certificates and credentials through Career and Work Exploration (CWEX) credits and other programs.



Career Development Team

Our team of itinerant and school lead teachers work together to support:

- Middle Years Career Education
 - K-12 Career infusion
- Grad and Post-Grad planning
- Work-based learning experiences
 - Resource development
- Personalized life/career pathways
- Career exploration events & activities



Explore:

Scholarships and Awards, Post-Secondary Education and Training

Our CD Team can:

- Find, register and report on dual credit classes
- Supervise Apprenticeship Credits and the [Sask Youth Apprenticeship Program](#)
- Assist with MyCreds official transcript requests
- Provide coaching and support for applications, registration and portfolio building



Gain Skills:

Work-Based Learning, 21st Century Skills

Our CD Team helps support:

- [Junior Achievement Programs](#) to develop financial literacy, entrepreneurship and employability skills
- [Young Workers' Readiness Course](#) and [Take Our Kids to Work Day](#) for Grade 9 students
- [Youth Safety Education Week](#) for workplace readiness
- Partnership with RDIEC to offer career spotlights aligned with student interests
- Development of 21st Century Skills to help students build real-world experiences and confidently navigate their career journey.



Career Development

Helping Students Navigate Their Road To Success

Celebrating Career Opportunities

Take Our Kids to Work Day – November 5th, 2025

Welcome to Take Our Kids to Work 2025

November 5th 2025

*Lift Up
the Future*

This event provides Grade 9 Career Education students with the option of a one-day, job-shadowing experience with a parent, friend, relative or volunteer increasing students' understanding of the importance of skills, training and education to their success. (if support from parent and employer).

Thank you to students, parents, employers who took part in this life/career exploration experience on November 5th. It was a unique opportunity for our students to learn about the world of work, as well as the expectations, responsibilities and skills required in the workplace, and the successes/challenges experienced on the job.

A shout-out to our Career Development LEAD Teachers who support career development by coordinating and/or promoting various activities, events, learning opportunities, etc. within our schools.

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Celebrating Career Opportunities

Canada Career Month – November 2025

Canada Career Month – November 2025

AMPLIFY continues to be the theme for Canada Career Month. During the month of November, we were all invited to #amplify career development. To celebrate, our Career Development Teachers were connecting with students and parents with various career-related events, activities, and learning experiences.

Below are some ideas for how students/parents can amplify life/career explorations during Canada Career Month.

-Participate in Take Our Kids To Work Day

Grade 9 Students had the option to participate in Take Our Kids To Work Day on November 5th.

-Engage in Career Conversations

Students and Families are always welcome to connect with our Career Development Teachers.



A shout-out to our Career Development LEAD Teachers who support career development by coordinating and/or promoting various activities, events, learning opportunities, etc. within our schools.



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Celebrating Career Opportunities

Canada Career Month – November 2025



-Register for SK Youth Apprenticeship Program

Any Grade 10-12 students interested in pursuing the skilled trades have an opportunity to enrol in SYA. This is basically an extra-curricular career investigation opportunity with huge benefits to students. In addition to exploring a trade or trades of interest, successful completion means future waiver of indenturing fee, no charge for Level 1 technical training, and 300 hours of trade time credit. Please speak with your Career Counsellor for details.

-Develop/Revisit High School Planning

Grade 9-12 students and families should be very familiar with Saskatchewan graduation requirements. Your Career Counsellors and Principals can support any questions as there are many factors to take into consideration when developing Graduation and Post-Graduation Plans. [High School Credit Options](#)

A shout-out to our Career Development LEAD Teachers who support career development by coordinating and/or promoting various activities, events, learning opportunities, etc. within our schools.



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Celebrating Career Opportunities



Canada Career Month – November 2025



-Utilize myBlueprint

myBlueprint is available to Grade 9 through 12 students in support of Graduation and Post Graduation Plan. The transition to post-secondary can be daunting for students (and their parents!). Whether they are entering a college, university program, apprenticeship, the workforce, volunteering, planning a gap year, etc. students will experience changes. Our Career Counsellors can help support the use of myBlueprint as a tool for life/career planning and investigation. This tool can help students/families:

1. Research high school courses that are required for post-secondary programs of interest.
2. Research post-secondary programs so they are aware of important dates and resources available to them.
3. Develop a budget to finance their post-secondary pathway, etc.

Did You Know? Parents can gain access to myBlueprint!

A shout-out to our Career Development LEAD Teachers who support career development by coordinating and/or promoting various activities, events, learning opportunities, etc. within our schools.



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Celebrating Career Opportunities

Congratulations to Ms. Kristin Sampson!



[Sun West School Division -
Sun West Career
Development Teachers is a
Saskatchewan Youth
Apprenticeship Champion](#)

Sun West Career Development Teachers is
a Saskatchewan Youth Apprenticeship
Champion

A shout-out to our Career Development LEAD Teachers who support career development by coordinating and/or promoting various activities, events, learning opportunities, etc. within our schools.

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Plan



Plan

Your Future

Your Life and Career Path



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Monthly Timeline for Grade 12 Students

November

- Continue researching opportunities in alignment with your life/career plan.
- Access your Allies! (Talk to Career Counsellors, Teachers, Parents, Family, Friends about possibilities)
- Continue to research, prepare, and apply for scholarships.
- Many Universities offer Early Admissions and Early Entrance Scholarships. Watch deadlines!
- Watch deadlines and apply for Residence such as:
 - [Apply for Residence at University of Saskatchewan](#)
- Register for events to support life/career planning.

December /January

- Prepare for Semester 1 final exams.
- Review timetable for Sem 2 and talk to Career Counsellor/Principal about any potential adjustments.
- Continue to apply for programs of interest.
- Continue to research, prepare, and apply for scholarships.
- Many Universities offer Early Admissions and Early Entrance Scholarships. Watch deadlines!
- If post-secondary institutions require official transcripts after January exams, be sure to order them from the Ministry of Education. <https://www.k12.gov.sk.ca/etranscript/>

February

- Connect with your school's Career Counsellor
- Continue applying for scholarships.
- February 15th is a 'common' deadline for competitive entry colleges at SK Post-secondary institutions.
- Check deadlines for out of province schools.
- SKPoly High Demand program deadline – February 15th

March

- Continue applications
- Official Ministry Transcripts due to SKPoly for Nursing and high demand programs – March 1

**All students have a personalized life/career plan. This timeline is to be used as a general guideline for some SK focused updates.
Dates are subject to change. Please peruse various sections of this newsletter for further life/career information.**

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Monthly Timeline for Grade 12 Students

April

- Continue to apply for programs of interest
- Apply for local scholarships – check with your Career Counsellor, School Principal, etc. for details so you do not miss deadlines.

May

- Connect with your school's Career Counsellor
- If interested in summer or full-time/part-time, etc. employment, begin to investigate job opportunities, update resume, brush up on interview skills, etc.
- For those planning for post-secondary studies, watch email and student accounts for updates regarding registration, orientation days, etc.
- Update your myBlueprint Grad Plan Portfolio with any current skills, update your resume, add any certifications or showcases, reflect on your learnings, share your portfolio with your Career Counsellor and a trusted adult, etc.

June

- Update your myBlueprint Grad Plan Portfolio with any current skills, update your resume, add any certifications or showcases, reflect on your learnings, share your portfolio with your Career Counsellor and a trusted adult, etc.
- Grade 12's may change email information in myBlueprint as prompted by the system in order to continue utilizing the resource after graduation. (We have had several students appreciate access to their resumes and planning after high school!)
- If planning a Gap Year, prepare next steps
- If planning to work, prepare next steps.
- If attending post-secondary institutions, you may need to request official transcripts to be sent after June exams. For this form, go to: <https://www.k12.gov.sk.ca/etranscript/>
- Student loan applications available on-line at: <https://www.saskatchewan.ca/residents/education-and-learning/student-loans>
- For those planning for post-secondary studies, watch email and student accounts for updates regarding registration, orientation days, etc.

Summer

- Ministry of Education transcripts are due to all post-secondary institutions

For those planning for post-secondary studies, watch email and student accounts for updates regarding registration, orientation days, etc. As well, explore the details of your post-secondary life such as need for parking passes, bus passes, extra-curricular programs, etc

**All students have a personalized life/career plan. This timeline is to be used as a general guideline for some SK focused updates.
Dates are subject to change. Please peruse various sections of this newsletter for further life/career information.**

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Career Planning Resources

Resource	Information
Campus Visits	Campus Visits are an excellent way for students to learn more about potential post-secondary institutions while still in high school. These learning opportunities help tremendously in making post-secondary related decisions. Keep an eye on websites of post-secondary institutions you may be interested in. There are many opportunities such as Open Houses, Webinars, Student-for-a-Day, etc. Available for students with many happening this fall.
Social Media Posts for various Post-Secondary Institutions or Organizations of Interest	You may want to 'follow' Facebook, Instagram, etc. for institutions or organizations you are interested in in for timely updates and information such as open houses, important deadlines, opportunities, etc. Such a great way to stay up-to-date with timely events and deadlines.
Relevance Magazine 2026 Edition!	Saskatchewan Career Focused Magazine.
Post Secondary Application Process for Colleges	For any students interested in applying for colleges such as Saskatchewan Polytechnic, the time to apply is NOW is the time to apply for First Qualified/First Admitted Courses! Application delays could also delay your potential start date by one year or more.
Choosing Your Post Secondary School or Institutions	See this SK document for information and tips on how to select a post-secondary institution. (ex. Preparedness, Visit the School, Review Admissions, Financial Considerations, etc.)
Post-Secondary Pre-Requisites	Understanding pre-requisites can assist students as they select classes and plan for post-secondary education. Investigate and plan forward. Your Career Counsellors are here to help you with your Graduation and Post-Graduation Plan.
Dual Credit Course Options	Are you familiar with "dual-credit" programs which can help students earn post-secondary AND high school credits? Your Principals and Career Counsellors can help direct you to answers to your questions.
U of R High School Courses through High School Accelerated Program	If in Grade 11 and you wish to take a first-year university class next fall, check out the U of R website. There are two types of classes you can take – University Classes and Dual Credit Courses.



Career Planning Resources

Resource	Information
Relevance Magazine 	<p>This is a SK created magazine featuring career options for youth. The 2025 edition contains loads of relevant information and ideas for students including a Saskatchewan Job Chart. View the online magazine for information on skilled trades, careers in corrections, SK labour market strategy, skills needed for success, scholarships, etc. In addition, there are articles from may SK professionals who share their life/career stories.</p>
RDIEC Career Spotlight Playlists 	<p>The RDIEC continues to host Career Spotlights. Students and parents are encouraged to check them out. A number of past Sun West Graduates share their life/career stories. Some recent spotlights added to the RDIEC YouTube Playlists include:</p> <p> Training and Careers in Cyber Security SaskTel Customer Service Technician Television News Anchor Television Producer in Saskatchewan Fashion Designer and Entrepreneur - Sunday Sparks, Rosetown SK! Graphic Designer - Athlete's Customs, Rosetown, SK! OH&S Safety Professional Power Engineering and Business Instructor & Coordinator </p> <p>Watch for new Sun West Career Spotlights by our new Sun West/RDIEC Facilitator in the months ahead!</p>
RDIEC Job Readiness Webpage	<p>Offers students a comprehensive suite of resources such as career inventories, free certifications, etc.</p>
Bridge to Campus	<p>Interested in university, but a little nervous? Bridge to Campus is based in McGill and is committed to helping students in rural communities access resources and transition from high school to university. Webinars and mentoring available. Even though they work closely with McGill, they are interested in all rural students. Resources are FREE!</p>

Career Planning Resources

Resource	Information
Supports for students with disabilities	If you have a disability and plan to attend a post-secondary institution next fall, reach out to U of S Access and Equity Services , Saskpolytech Accessibility Services, or U of R Accommodations to learn about various supports. Be sure to start the process early.
CanGap Resources	The CanGap website contains helpful videos on the following topics: Prepare yourself for what may lie ahead. Top 3 most challenging times of year for Gappers . Not sure how to start planning your gap year? How to plan the perfect gap year . Working on a Gap Year? Top 5 interview questions
CanGap	CanGap offers virtual Gap Year Expo ! Jan 31, Apr 11 at 12PM PST/3PM EST
Discover Year Resources	Discover Year is a one-year life skills programs to help young adults better understand what they want and improve their skills in the process. Discover year will be offering Virtual Info Sessions May 13 th .
Careers in Mining	The Saskatchewan Mining Association website has many occupational profiles to explore.
Careers in Agriculture	The thinkAg website has tools to help you create a purposeful career in agriculture.
Study Abroad Opportunities Such as Stepabroad and Experiences Canada	Interested in studying abroad? Some students do not wish to complete an entire degree in another country but wish to gain study/travel experience. Most universities provide for international studies of various durations. Be sure to search “study abroad” options. Stepabroad is one such option. Stepabroad is advertised as a “working holiday”! Destinations include Australia, Japan, New Zealand, United Kingdom, Spain, South Korea, and France. Stays can be from one month to three years depending on location. This program works in conjunction with Experiences Canada (IEC) Program. See the full list of opportunities here .
SHAD – Upgrade Your Summer!	Applications are open for Canada’s STEAM + entrepreneurship program where students team up with other creative minds, build things they didn’t think were possible, and maybe even design the next big thing!

Career Planning Resources

Resource	Information
RCMP Opportunities	Interested in opportunities with the RCMP? Read through the application requirements . Attending a recruiting event is one of the steps towards becoming a member.
Health Sciences	Interested in Health Sciences? Our province of SK has arrangements with various post-secondary institutions in other provinces to reserve seats for eligible SK residents. Programs include Nuclear Medicine, Diagnostic Medical Sonography, Respiratory Therapy, Occupational Therapy, Magnetic Resonance Imaging (MRI), Cardiovascular Perfusion, Electroneurophysiology, and Prosthetics and Orthotics. View the Health Training Program Opportunities info and/or Health Science Fact Sheet for more information.
Support Your Mental Well-Being	“Your mental well-being affects how you think, feel and act. Learning to take care of yourself is an important step in a well-balanced personal and professional life.” Utilize the Future Launch resources if/as needed.
Apprenticeship Credits	Saskatchewan Apprenticeship Credits. If you are a student and are employed in a skilled trade under a certified journeyperson, you may wish to explore the possibility of high school apprenticeship credits. If interested, connect with your school’s Career Counsellor.

Students planning to attend post-secondary education in the Fall of 2026 may be required to share Saskatchewan Transcript Information at various intervals throughout the year. See the Ministry of Education Website or our SWSD – Career Development Group for information and/or reach out to your Career Counsellor for help.



EN

Language

What are you looking for?



Residents and Visitors

Business and Industry

Government

Services

Home > Residents and Visitors > Education and Learning > Credits, Degrees and Transcripts > High School or Adult 12 Transcripts
> Request High School and Adult 12 Transcripts

Request High School and Adult 12 Transcripts



Please consult the [High School or Adult 12 Transcripts page](#) for important information prior to placing your request

Contact Us

Student and Educator Services

Phone 306-787-6012
Email student.records@gov.sk.ca

More
[View all contacts in the directory](#)

1

Student Information

2

Contact Information

3

Identity Confirmation



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Relevance Magazine

[2026-Relevance-Online.pdf](#)



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RDIEC Parents as Career Coaches

The Regina District Industry and Education council is hosting a virtual event from November 17th to December 15th.

[Parents as Career Coaches 2025: Funding Your \\$Student\\$ Education.](#)

Presenters have provided virtual videos on topics related to funding opportunities for students.

They can be viewed at your convenience on the [RDIEC YouTube Channel](#) under the heading [Parents as Career Coaches.](#)

VIRTUAL PRESENTATIONS INCLUDE:

- CIBC Financial Education Lines of Credit
- High School Scholarships and Bursaries
- Canada-Saskatchewan Integrated Student Loans and Grants
- First Nations and Métis Band Funding
- University of Regina
- University of Saskatchewan
- Saskatchewan Polytechnic
- Gabriel Dumont Institute of Native Studies and Applied Research
- Saskatchewan Indian Institute of Technologies
- Saskatchewan Trades and Apprenticeship Commission
- Regina Trades and Skills
- Canadian Armed Forces
- Joyful Futures

One lucky Grade 12 student will be awarded a \$1000 bursary sponsored by the Regina Chamber of Commerce & Regina District Industry Education Council (RDIEC). Completion of the survey is an entry for the bursary and additional post-secondary swag items.



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The Sask DLC offers a number of unique programming options to appeal to students with a variety of interests. Be sure to talk to your school's Career Counsellor about possibilities which may align with your interests, future aspirations, personalized plan, etc.

Experiences Canada

EXCHANGES



Experiences Canada offers group exchanges for youth aged 12 to 17 and their chaperones, and covers all group travel costs from your community to your twin group!

YOUTH FORUMS



Our youth forums bring together youth from across Canada to explore current issues facing Canadian society. They serve as a safe inclusive space for youth to learn outside of a classroom setting.

<https://experiencescanada.ca/>
for info.

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CanGap – Virtual Career Expos



[I'm a/an...](#) [About](#) [Events](#) [GPS Program](#) [Resources](#) [FAQs](#) [Adult Gap Year](#) [Contact](#)

**Not fully ready for college or university
(or could use a break from post-
secondary)?**

Explore the what, who, and why of the gap year
path at our Gap Year Expo!

Virtual Expo:
November 16, 2025
January 31, 2026
April 11, 2026

12PM PST | 3PM EST

[EXPLORE THE GAP YEAR PATH](#)

A promotional banner for the Virtual Gap Year Expo. It features a blue background with yellow and white text. The main title "Virtual Gap Year Expo" is in large yellow and white letters. Below it, a description reads: "Explore programs, meet experts, and design your perfect gap year - all from the comfort of home." To the right, there are three yellow buttons with icons: a calendar icon for "January 31st 2026", a clock icon for "3:00 - 5:00 PM (EST)", and a location pin icon for "Virtual Event". A circular inset image shows a group of people in a virtual environment. The CanGap logo is in the top right corner, and a silhouette of a person jumping is on the right side.

Virtual Gap Year Expo

Explore programs, meet experts, and design your perfect gap year - all from the comfort of home.

January 31st 2026

3:00 - 5:00 PM (EST)

Virtual Event

[Virtual Gap Year Expo](#)
for info.



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Train close to home

Find a health care training program at a post-secondary institution near you!



See a list
of all
schools!

Student Aid

Take advantage of financial aid to help support your education! You may have access to student loans, grants, scholarships, bursaries and more.

Learn more at saskatchewan.ca/student-aid

Phone: 1-800-597-8278

Email: studentservices@gov.sk.ca

Other student aid programs:

- Loan Forgiveness for Nurses and Nurse Practitioners (up to \$20,000)
- Graduate Retention Program (up to \$24,000)
- Final Clinical Placement Bursary (up to \$3,000)
- Saskatchewan Rural and Remote Recruitment Incentive (up to \$50,000)



Fund your
future!

We are online! Follow us at:

-  /SaskatchewanStudents
-  @SkStudents
-  @SkStudents

saskatchewan.ca/hhr-train

Saskatchewan!

saskatchewan.ca/hhr-train

Saskatchewan!



You are the future
of health care



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Train for a Career in Health Care

Ready to make a difference? Kick start a rewarding career in health care by studying at a post-secondary institution in Saskatchewan.

Get hands-on training close to home in one of many health care programs offered across the province.

Build your future right here at home and make a difference in your community.

“I think it’s a very rewarding career and I love helping people in my community.”

Lindsay
Pharmacy Technician Student

Health Care Training Programs in Saskatchewan

There are more great programs available than we can fit on this page!

Explore institution websites for a full list of programs, salaries and job descriptions.



Clinical Psychology	Physical Therapy
Combined Lab and X-Ray Technology	Physician
Medical Laboratory Assistant	Nursing
Medical Laboratory Technology	• Registered Nursing
Medical Radiologic Technology	• Continuing Care Assistant
Paramedic	• Practical Nursing
Pharmacy Technician	• Nurse Practitioner
	• Psychiatric Nursing

Where Can I Study?

Take the next step toward a health care career. Choose your educational path in Saskatchewan.

Check out the post-secondary institutions below to see what’s right for you:

- University of Saskatchewan*
- University of Regina*
- Saskatchewan Polytechnic
- Saskatchewan Indian Institute of Technologies
- Gabriel Dumont Institute
- First Nations University of Canada
- Carlton Trail College
- Great Plains College
- Lakeland College
- Northlands College
- North West College
- Southeast College
- Suncrest College
- Collège Mathieu (French)

*Includes affiliated and federated colleges



How Do I Get Started?

View the full list of health training programs: saskatchewan.ca/hhr-train



Find your future!



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Gain Skills



Gain Skills

Work-based Learning
21st Century Skills



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Women in Skilled Trades

WOMEN IN SKILLED TRADES INITIATIVE OVERVIEW

The Saskatchewan Apprenticeship and Trade Certification Commission (SATCC) has implemented a new initiative aimed at attracting women to the skilled trades and helping them achieve journeyperson certification.

From **January 8, 2024** until **June 30, 2026**, women who register within these dates in eligible Red Seal trades will receive a rebate on their apprenticeship registration fee and Level 1 technical training tuition. Fees are required to be paid up front through MyATC. However, the full amount will be refunded to whoever paid the fees.

During this time, SATCC is also employing two Consultants to coach and mentor women apprentices in the eligible Red Seal trades and their employers. If you're interested in accessing these coaching services, please contact us at apprenticeship@gov.sk.ca or 1-877-363-0536.

This initiative is funded in part by the Government of Canada's Canadian Apprenticeship Strategy through the Women in Skilled Trades program.



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Skills for Success

Learn about the nine skills needed to participate and thrive in learning, work and life. ([Skills for Success - Canada.ca](https://www.skillsforsuccess.ca))



Government
of Canada

Gouvernement
du Canada

Search Canada.ca



MENU ▾

[Canada.ca](#) > [Jobs and the workplace](#) > [Training](#) > [Skills for Success](#)

Learn about the Skills

Skills for Success are skills that help you in a quickly changing world. Everyone benefits from having these skills. They help you to get a job, progress at your current job and change jobs. The skills also help you become an active member of your community and succeed in learning.

On this page

- [Importance of the skills](#)
- [Description of the skills](#)
- [Videos](#)

Importance of the skills



[Skills for Success - Canada.ca](https://www.skillsforsuccess.ca)

[Learn about the Skills - Canada.ca](https://www.skillsforsuccess.ca)



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Wellness – 10 Key Actions to Happiness



Giving

Do kind things for others



Relating

Connect with people



Exercising

Take care of your body



Awareness

Live life mindfully



Trying Out

Keep learning new things



Direction

Have goals to look forward to



Resilience

Find ways to bounce back



Emotions

Look for what's good



Acceptance

Be comfortable with who you are



Meaning

Be part of something bigger

Career Development involves our life journey. It includes things like our feelings, emotions, health, wellbeing, relationships, education, experiences, volunteerism, paid work, hobbies, interests, etc. It also involves a lifetime of change. As a result, it is important for students to develop skills and find tools to help us throughout life's journey. Check out Action for Happiness Website for

[10 Key Actions](#) to support overall happiness/wellness.

Student Leadership Program 2025-2026



[Click here](#) to learn more about our Student Leadership Program.

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Explore



Explore

Scholarships and Awards

Post-secondary Education/Training



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Post-Secondary

This section contains links to some post-secondary opportunities being explored by our Sun West School Division Students

[Click HERE](#) for TIMELY post-secondary updates.

Then navigate to and open the postsecondary .pdf under the Career Development Newsletter information.

Saskatchewan Regional Colleges:

There are several Regional Colleges within our province which offer various combinations of trades, college, and university programs; some similar to those offered at SaskPolytechnic, University of Saskatchewan, and University of Regina. Regional Colleges also offer many personal interest programs and courses. For more information, view their websites at:

[Carlton Trail](#) – Humboldt

[Northlands College](#) – La Ronge/Air Ronge

[Great Plains College](#) – Swift Current

[Cumberland College](#) – Melfort

[Parkland College](#) – Yorkton

[North West College](#) – The Battlefords

[Southeast College](#) -Weyburn



SUN WEST
SCHOOL DIVISION

Upcoming Events

This section is intended to keep you posted on a sampling of a multitude of events and open houses. Every student's life/career plan is personalized. As such, you are encouraged to research additional opportunities that may be more suited to your life/career planning process.

Date	Event
Dec 1	U of S Apply to Edwards COMM 101 Online page for U of S Early Start for Business Class. Begins January 2026 (link)
Dec 1	U of S Deadline to apply and submit documents for early admission to 2026 Fall Term for Education, Engineering, Kinesiology, Kinesiology/Education Combined
Dec 1	U of S Deadline to apply for Best and Brightest Entrance Scholarships and Circle of Honour Awards
Dec 1-10 th	U of R Half Price Application Week, students can apply for just \$50.00 using code HALFPRICE
Dec 2	18 to Life in Outlook for OHS, Dinsmore, Beechy, Lucky Lake Grade 12 Students
Dec 4	18 to Life in Davidson for Davidson, Loreburn and Kenaston Grade 12 Students
Dec 9	18 to Life in Kindersley for KCS, Eston, Eatonia and Marengo Grade 12 Students
Dec 15	U of S Best and Brightest Entrance Scholarship and Circle of Honour Awards Deadlines

****December is a common month for Early Applications for a number of post-secondary institutions in order to be considered for Early Entrance Awards. Check with post-secondary institutions of interest for details.**

Note: This newsletter is to inform families of career investigation opportunities. Post-secondary events and open houses are NOT school sponsored. Thus, your parents must excuse you from school if you plan to attend any of the opportunities advertised in this newsletter. These types of events are great learning opportunities for students and parents.

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Upcoming Events

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Date	Event
Jan 5	SHAD 2026 Applications due (for July 2026 STEAM experience!) (link)
Jan 12	U of R High School Accelerated Info Night for Students and Parents (link)
Jan 18	U of R High School Accelerated Deadline for January 2026 start (link)
Jan 21	Olds College Program Information Webinar for Agriculture Technology (link)
Jan 22	Discover Year Info Session (link)
Jan 28	Olds College Program Information Webinar for Agriculture (link)
Jan 31	U of S First Year Students guaranteed a spot in Voyageur Place Residence (info here)
Jan 31	CanGap Virtual Gap Year Career Expo (link)
Feb 4	Olds College Program Information Webinar for Horticulture & Environment (link)
Feb 11	Olds College Program Information Webinar for How to Apply (link)
Feb 15	Deadline for ALL SaskPoly Competitive Entry Programs (such as Combined Lab/X-Ray Tech, Dental Hygiene, Medical Lab Tech, Medical Radiologic Tech, Practical Nursing, Psychiatric Nursing, Respiratory Therapy, Registered Nursing).
Feb 15	U of S Music and Education Programs Application deadline

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Why choose SaskWater?

Let's dive right in.

A REFRESHING CHOICE

You probably know SaskWater as Saskatchewan's commercial Crown water utility. But who are we really?

We're a group of hardworking people who deliver safe, reliable and sustainable water and wastewater services to communities, First Nations and industry across our beautiful province.

Our water utility systems are recognized for superior quality, value and innovation. Not only do they help build vibrant communities, they contribute to a thriving Saskatchewan economy.

With over 60 years of service in the water and wastewater industry, SaskWater is Your Partner in Water.

MAKING A SPLASH

SaskWater serves more than 70 communities, and counting, with these core services:

- Potable water supply
- Non-potable water supply
- Wastewater treatment and management
- Certified operation and maintenance
- Project management
- ROAM (Remote Oversight and Monitoring)
- Leak detection audits
- Water and wastewater training

SaskWater serves communities large and small throughout Saskatchewan. Whether you prefer urban or rural living, there's a SaskWater location to suit you. We are also dedicated to community investment and stewardship work to better the communities we serve.

Visit our website to learn more about SaskWater services and where our employees live and work.

WHY TEST THE WATERS?

We're more than pipes and meters.

We're collaborative and committed to working as a team towards a common goal – delivering safe and reliable water to Saskatchewan communities.

SaskWater's operations employees cumulatively have over 700 years of experience treating source water in Saskatchewan and are always willing to share their expertise. Ongoing operator training programs keep staff up to date on operational best practices, health and safety requirements, specialized equipment and water treatment plant optimization.

With a culture built on values of **TEAMWORK, CREATIVITY, ACCOUNTABILITY, RECOGNITION** and **STEWARDSHIP**, we are committed to creating a workplace where new employees grow and thrive.

GO WITH THE FLOW

Work-life balance and employee wellness are important.

Beyond our competitive salary, pension and health benefits packages, we offer our employees various perks to support their health and happiness as they build a career with us.

Flexible work hours, remote work opportunities, earned days off (in addition to vacation time), healthcare and wellness spending accounts covering a variety of expenses, and a robust Employee Family Assistance Program are just a few examples. We also have an Employee Wellness Committee dedicated to encouraging staff to get involved, have fun and learn how to be physically, mentally, emotionally, socially and professionally healthy.



TAKE UNIVERSITY CLASSES WHILE IN HIGH SCHOOL

Attention Grade 11 and 12 students! Start your university experience in the High School Accelerated (HSXL) program at the University of Regina!

WHY YOU SHOULD JOIN HSXL



Become a U of R student before you start your first year.



Ease into university with one or more U of R courses.



Gain skills and knowledge that make the transition to university easier.



Free up your schedule in your first year of studies.



Earn university and high school credit with a HSXL dual credit course.



Join the program from anywhere with online and remote courses.



UOFR EARLYSTART.CA



University
of Regina



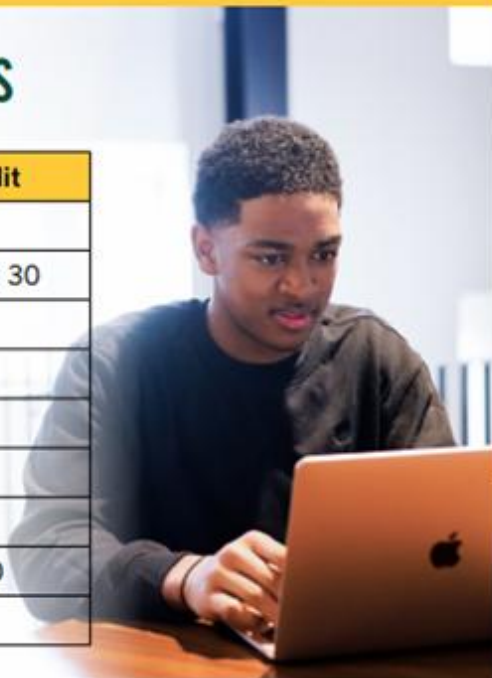
SUN WEST
SCHOOL DIVISION

DUAL CREDIT COURSES

Get closer to high school graduation and get university credit at the same time. U of R dual credit courses cover the content of a university-level course and corresponding high school course. Some U of R courses qualify for dual credit. This means that while you get a university class that can be applied to U of R programs, you could also get a high school credit that will count toward your high school graduation requirements. Reach out to us today to learn more!

DUAL CREDIT COURSES

University Credit	High School Credit
ART 220	Art 30L
BUS 100	Entrepreneurship 30
CHEM 100	Chem 30
CHIMIE 100	Chimie 30
CREE 100	Cree 30
ENGL 100	English B30
FRENCH 100	French 30
INDG 100	Native Studies 30
MATH 110	Calculus 30



HSXL TUITION REIMBURSEMENT AWARD

Planning to study at the U of R after high school? The HSXL Tuition Reimbursement Award is an initiative designed for Saskatchewan high school students to take U of R course while still in high school. Take a HSXL course and earn your tuition back upon commencing your first year at U of R.

Scan the QR code to learn more.

Your path to higher education
just got more rewarding!



LEARN MORE

APPLY TODAY!

[UOFREARLYSTART.CA](https://uofrearlystart.ca)





Shad2026: Your summer, upgraded.

Shad 2026 is your summer—upgraded.

Swap ordinary for extraordinary with 27 days of innovation, discovery, and connection.

Live on a university campus. Dive into STEAM. Solve real-world challenges.

Meet curious minds like yours and find a community that lasts a lifetime.

💰 Financial assistance available

🕒 Spaces are limited.

Apply now: shad.ca/apply



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Scholarships



This Photo by Unknown Author is licensed under CC BY-NC

Did you know that 10 million in scholarships goes unclaimed each year in Canada? Applying for scholarships involves time and energy but is an incredible investment in your future.

It is impossible to inform you of all possible scholarship opportunities. However, the fact of that matter is that **significant scholarship funding goes untapped each and every year!** As students, please take some time to research and investigate possible sources of funding. **An investment of time and energy can lead to \$\$\$!**

This is a great time of year for current Grade 12 students to create accounts on various scholarship websites. Doing so will provide customized information as to potential scholarships of interest based on student involvements. A few resources to consider:

[Student Awards](#) Find money to pay for school.

[Scholar Tree](#) scholarships made simple. Set up an account to find scholarships in Canada.

[ScholarshipsCanada](#) allows you to create an account, set up a profile, and search for scholarships based on your education, skills, and interests.

[Yconic](#) offers free scholarship matching and peer-to-peer support for your life as a student.

[Atila](#) create a profile to apply for scholarships.

[myCampusGPS](#) assists students with issues related to scholarships, post secondary planning, etc. Some resources are for a fee and some are free. This may help Grade 11 students become very well-prepared to apply for scholarships in their Grade 12 year.

[99 Scholarships](#) – able to apply for scholarships based on passions rather than on grades. Must register with the organization to receive information on many different scholarship opportunities.

Scholarships

[Saskatchewan Advantage Scholarship](#) is awarded to ALL Saskatchewan grade 12 graduates who are enrolled in a Saskatchewan post-secondary institution in a recognized program of study. This is worth \$500/year up to a maximum of \$2,000 and is automatically applied to tuition.

[Saskatchewan Youth Apprenticeship Industry Scholarship](#) are awarded to 120 students who complete the Saskatchewan Youth Apprenticeship passport each year. Schools nominate a potential candidate and winners are announced in June. Many Sun West students received this scholarship! Congratulations! Check with your Career Counsellor as to learn more about the Saskatchewan Youth Apprenticeship Program.

[Gabriel Dumont Institute Scholarship](#) funding for Metis students.

[Canada Student Grants and Loans.](#) Contact studentservices@gov.sk.ca or call 1-800-597-8278 for more information. Saskatchewan residents will want to review Student Aid info on the [Saskatchewan Section](#).

[Government of Canada Scholarships](#) - contains a lot of good information about available scholarships. Call 1-800-597-8278 for more info.

[Education Planning and Student Aid](#) site offers useful tools for students and parents to access info regarding planning for studies, savings, budgeting, etc.

[Relevance Magazine](#) is available as a digital download. Page 16 is focused on scholarships. Links to these scholarships are available (and clickable) for easy access.

Funding Your Education: Scholarship Application Tips

by Madison H., Past Sun West Graduate



<https://www.youtube.com/watch?v=hmS9giDSlfg>

Thank you for sharing your scholarship application experiences with students, Madison.
Much appreciated!

Scholarships

There are a multitude of scholarship opportunities available.

Below is just a sample. Begin investigating today.

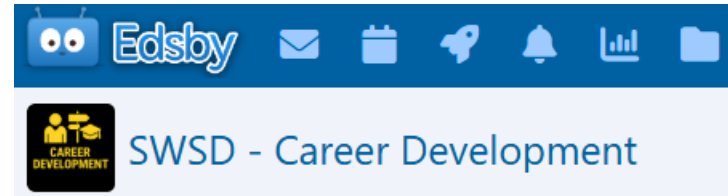
[Click Here](#) for scholarship info on our Sun West website OR

View timely scholarship information on our SWSD - Career Development Edsby Group.

Career Development

Helpful Resources:

Career Development Newsletter:



Funding Your Education

- ☐ Scholarship Information
- ☐ November Scholarships
- ☐ [December Scholarships](#)
- ☐ January Scholarships

Featured Scholarship

[Leaders](#)[Nominees](#)[Media & Press](#)[FAQ](#)[Contact us](#)

Canada's Most Coveted Scholarship!

\$120,000 Each*

100 annual STEM scholarships

(Science, Technology, Engineering and Math)



Nat Dolan photos

[Schulich Leader Scholarships](#)



SUN WEST
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Featured Scholarship



SaskWater

FUTURE OF WATER

Water & Wastewater Operator SCHOLARSHIP PROGRAM

Don't miss this opportunity to train and begin a career in the essential field of water and wastewater operations. Earn credentials in high demand within a challenging and rewarding industry.

SCHOLARSHIP BENEFITS:

- Full payment of domestic tuition and book costs for three years.
- Additional living stipend of \$1,000/month while actively attending classes.
- Guaranteed paid co-op work placement in a SaskWater facility upon completion of first year.
- Guaranteed employment with SaskWater upon program completion.

REQUIREMENTS:

- Saskatchewan High School Diploma received within past three years.
- Minimum Grade 12 average of 80%.
- Grade of 80% or higher in Pre-Calculus 30 and Chemistry 30.
- Acceptance to SaskPolytechnic Civil Engineering Program (*Water Resources*) at the Moose Jaw Campus.
- Canadian resident or permanent resident eligible for employment.
- Four-year return of service commitment.



MORE INFORMATION:



1-888-230-1111



www.saskwater.com/future-of-water-scholarship/

SUBMIT YOUR SCHOLARSHIP APPLICATION TO:



hr@saskwater.com



SUN WEST
SCHOOL DIVISION

Featured Scholarship



SaskWater

FUTURE OF WATER

SCHOLARSHIP

*Kickstart your career as a
Water & Wastewater Operator*

SCHOLARSHIP BENEFITS:

- Full Domestic Tuition Fees
- Living Allowance Paid Co-op
- Work Placement
- Guaranteed Employment

FIELD OF STUDY:


Saskatchewan Polytechnic
Civil Engineering Program
(Water Resources Option)
Moose Jaw Campus



SCHOLARSHIP DETAILS:  www.saskwater.com/future-of-water-scholarship/  1-888-230-1111

APPLY TO:  hr@saskwater.com

Saskatchewan Polytechnic Program Details:

 <https://saskpolytech.ca/programs-and-courses/programs/Civil-Engineering-Technologies.aspx>



SUN WEST
SCHOOL DIVISION

Featured Scholarship



Scholarships & AWARDS

Relevance Magazine 2026

See page 16 for Scholarship & Awards.

[Click Here for Relevance Magazine Details](#)

Scholarships, bursaries and awards can help you fund your education or training. This type of funding does not need to be paid back and can be an important resource to help cover a variety of educational expenses. Use the links below to find scholarship, bursary and award opportunities you may be eligible for, as well as information on student loans and grants.

Saskatchewan Student Aid

Saskatchewan Student Aid is available to help you cover educational expenses such as tuition, books and living expenses. Full-time and part-time students can apply to receive student loans and grants, or grants-only funding, and may benefit from a variety of additional scholarships and bursaries.

- Saskatchewan Student Aid: saskatchewan.ca/residents/education-and-learning/saskatchewan-student-aid/student-loans-and-grants
- Scholarships and Bursaries: saskatchewan.ca/scholarships
- Supports for Health Care Students: saskatchewan.ca/ehr-train
- Graduate Retention Program: saskatchewan.ca/grp

Apprenticeship

- Saskatchewan Youth Apprenticeship (SYA) Industry Scholarships: saskapprenticeship.ca/sya-industry-scholarship-youth

Saskatchewan Post-Secondary Institutions

- Carlton Trail College: carltontrailcollege.com
- First Nations University of Canada: fnuniv.ca/scholarships
- Gabriel Dumont Institute (GDI): gdi.ns.org/student-services/scholarships-bursaries
- Great Plains College: greatplainscollege.ca/scholarships
- Lakeland College: lakelandcollege.ca
- Northlands College: northlandscollege.ca/financial-assistance
- North West College: northwestcollege.ca/support.html
- Saskatchewan Polytechnic: saskpolytech.ca/admissions/resources/scholarships-and-awards.aspx
- Saskatchewan Indian Institute of Technologies (SIIT): siit.ca/money
- Southeast College: southeastcollege.org/students/scholarships-financial-aid
- St. Peter's College: stpeterscollege.ca/scholarships-awards-bursaries
- Suncrest College: suncrestcollege.ca/en/entrance-scholarships
- University of Regina: uregina.ca/safa
- University of Saskatchewan: students.usask.ca/money/scholarships.php

Saskatchewan & Canada-Wide

- 4-H Canada: 4-h-canada.ca/scholarships-awards
- Affinity Credit Union: affinitycu.ca/meet-affinity-in-the-community/scholarships-awards
- Association of Canada Land Surveyors (ACLS): acsl.ca/students-home/scholarships
- Association of Canadian Universities for Northern Studies (ACUNS): acuns.ca
- Automotive Industries Association Canada (AIA): aiainitiativeforkids.ca/en/scholarships
- Bank of Canada Scholarship & Work Placement Program: bankofcanada.ca/careers/scholarships
- Canadian Agri-Business Education Foundation: cabel.org

- Canadian Scholarship Trust Foundation: csfoundation.ca
- Canadian Western Agribition: agribition.com/scholarships-awards/scholarships
- Disability Awards.ca: disabilityawards.ca
- FCC Aboriginal Student Empowerment Fund: fcc-fac.ca/en/about-fcc/careers/students-and-grants/indigenous-student-empowerment-fund.html
- Indigenous Services Canada Post-secondary Education: sar-isc.gc.ca/en/710010003679/7531406248822
- Inspire: inspire.ca/for-students/bursaries-scholarships
- Loan Scholars: loanscholar.ca/becoming-a-scholar
- RBC Future Launch Scholarships: rbc.com/en/future-launch/scholarships
- RBC Royal Bank Scholarships: rbc.com/tms/enterprise/scholarships.html
- Saskatchewan Association of Conservation Officers: saco.ca/awards/scholarships
- Saskatchewan Association of Rural Municipalities Student Scholarship in Agricultural Safety and Rural Health: cchsa-ccsma.usask.ca/health/scholarship.htm
- Saskatchewan Aviation Council: saskaviationcouncil.ca/scholarships
- Saskatchewan Cancer Agency: saskcancer.ca/Students
- Saskatchewan Ministry of Agriculture, Agriculture Student Scholarship: saskatchewan.ca/ag-scholarship
- Saskatchewan Government Insurance (SGI): sgi.sk.ca/scholarships
- Saskatchewan School Boards Association: saskschoolboards.ca/about-us/awards-and-scholarships
- Saskatchewan Stock Growers Association Awards and Scholarships: stockgrowers.com/resources
- SaskCulture: saskculture.ca/programs/funding-programs/find-a-grant
- SaskTel Scholarships: sasktel.com/about-us/corporate-social-responsibility/scholarships
- SIGA Indigenous Scholarship Awards Program: siga.ca/socially-responsible/scholarships
- Saskatchewan Scholarships.ca: saskatchewan scholarships.ca
- Saskatchewan Trucking Association Scholarship: sasktrucking.com/awards/scholarships
- ScholarshipsCanada.com: scholarshipscanada.com
- Schulich Leader Scholarships: schulichleaders.com
- SGEU: sgeu.org/member-resources/scholarships-and-bursaries
- STEAM Horizon Awards: steamhorizonawards.ca
- Student Life Network - Full Ride Contest sponsored by CIBC: fullride.studentlifenetwerk.com
- Terry Fox Humanitarian Award: terryfoxawards.ca
- The Canadian Hospitality Foundation: thechf.ca/scholarships
- TD Scholarships for Community Leadership: tdcanadatrust.com/products-services/banking/student-life/scholarship-for-community-leadership/index.jsp
- Universities Canada: univcan.ca/programs-and-scholarships
- Zonta International: www.zonta.org

This Student Career Newsletter is brought to you by....

Our 2025-2026 Team of Career Development LEAD Teachers:

Itinerant Career Counsellors:

Mrs. Sherry Brewer – Eaton School, Eston Composite School

Ms. Char Dansereau - Beechy School, Dinsmore Composite School, Lucky Lake School

Mrs. Amanda Ross – Elrose Composite School, Kyle Composite School, North West Central School

Ms. Kristin Sampson - Davidson High School, Kenaston School, Loreburn School

Ms. Franki Younghans – Westcliffe Composite School

School-based Career Counsellors:

Ms. Talie Chupik – BCS 2000

Mrs. Cindy Tulp - Outlook High School

Ms. Deavin Vanthuyne - Kindersley Composite School

Mr. Mitch Wintonyk – Rosetown Central High School

Division Career Development Contacts:

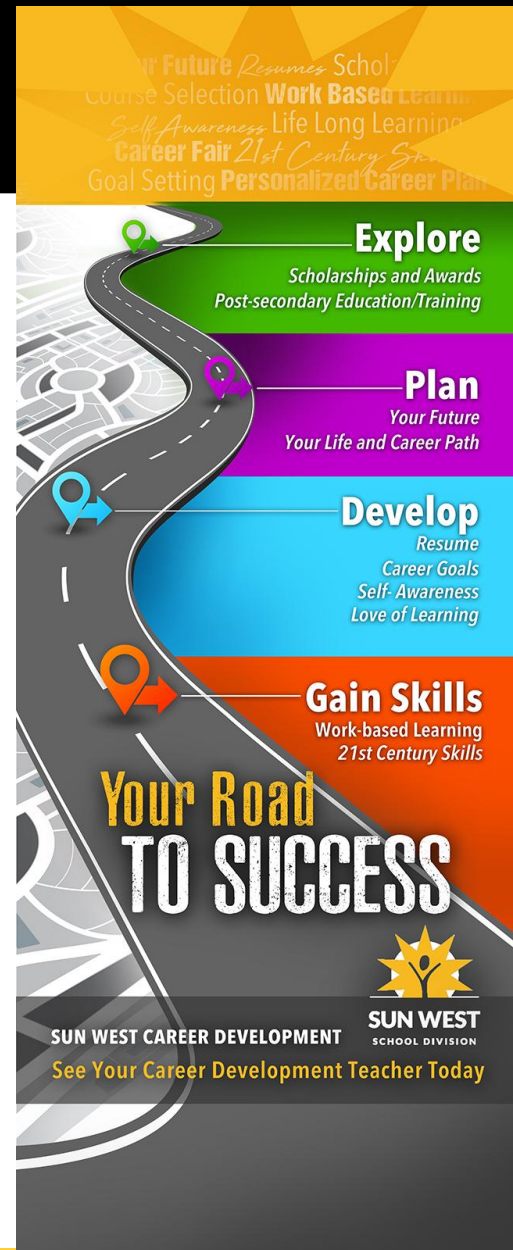
Mr. Darryl Elaschuk – Sun West/RDIEC Facilitator

Mrs. Vanessa Lewis - Learning Consultant

Mrs. Kim Price – Superintendent of Learning

**Connect with your Career Counsellor
for graduation and post-graduation planning.**

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