

North West Central School Thursday Note

September 14, 2023

http://www.northwestcentral.sunwestsd.ca/



Principal's Message

Many have heard the expression, "It takes a village to raise a child". Our community is very supportive of our school and we appreciate everything that people do to help our students and families.

- Donations for our SCC Apple Program. Our students love to walk by the office and grab an apple from the box to munch on.
- People/business donate food to the school for snacks and lunches.
- Grad classes donate items such as outdoor sound systems, spruce trees, televisions for the hallways, etc.
- Businesses provide our students with Career and Work Exploration placements and Apprenticeship credit opportunities.
- CROP always lets the school use the rink for skating classes in PE.
- Community coaches and staff help students enjoy extra curricular opportunities such as sports and clubs.
- Organizations, businesses and the Dodsland CreditUnion provide scholarships for our graduating students. There are likely other people and organizations that I have missed, but we are very thankful for everyone's support, guidance and mentorship.

PPK – Punt,pass and kick is open to all boys and girls 14 years and under. Our local competition will be September 25 and the region competition is October 2nd. Both will be on the football field after school.

Wildcat Wows!

WILDCAT WOW – To our Wildcat football team for their big win over Kerrobert last week.

WILDCAT WOW – To our golfers who had a great day at Sask Landing on Tuesday, particularly Colton Mayer-Straza who is off to provincial golf next weekend.

WILDCAT WOW-To the Plenty Museum for hosting the Grade 11/12 History 20 class for a tour on Tuesday.

Up Coming Events						
September 20	Terry Fox Run					
September 22	Pizza Sale					
September 27	Panago Pizza Sale					
September 27	Beach Day					
September 28	Our Truth & Reconciliation Day – "orange shirts"					
September 28	Wildcats VS Macklin home game					
September 29	No school – Truth and Reconciliation Federal Statutory Holiday					
October 6	No school – teacher PD					
October 9	Thanksgiving					
October 13	Picture Day					
October 19	Wildcats VS Hafford home game					
October 20	Pizza Sale					
October 27	No school – teacher PD					
November 10	No School in lieu of Student-Parent-Teacher Conferences					
November 14	Retakes					
November 17	Pizza Sale					
November 24	No school – teacher PD					

NWCS BUS DRIVERS

Veronica Bartok 306- 460-4755 Jolene Heese (Richards) 306-831-0114 Jennifer McDonald 306-314-0427 Bernie Olson 306-430-4364 Bob Smith 306-460-6567 Ryan Webber 306-460-9477 Savannah Schoeler 306-426-7977 (Spare driver)

Important

Deadline for submitting items for the Thursday Note is Wednesday before noon. Items received after that will not make it into the Thursday note.

NWCS collects Extra-curricular, SRC fees from our grade 1-12 students.

Grade 1-9 \$10.00/student

Grade 10-12 \$20/student

Maximum amount to pay would be \$50/family

You may pay with cash, cheque or etransfer to jodi.siebold@sunwestsd.ca

North West Central School Online Terry Fox Donations

link: https://schools.terryfox.ca/NorthWestCentral

North West Central School is participating in the Terry Fox School Run! We are so proud to be a part of this Canadian tradition in the fight against cancer. Please support our student's fundraising efforts and donate today at: https://schools.terryfox.ca/NorthWestCentral

Thanks for your donation to cancer research.

They are here!! Get your copy of the 2022-2023 yearbook!

Just click on the link! YEARBOOK

Still a few copies left. Get your copy of the 2021-2022 yearbook!

Just click on the link! Yearbook

Come on out and cheer on our Jr Wildcat Football team
Home Games
Sept 27 @ Plenty VS Kerrobert 4:30
Oct 11 @ Plenty VS Unity 4:30

Forms - thank you to everyone who has already completed the forms for this school year. All forms are on our website.

All grade 6-9 students must have permission to leave the school at noon. Please complete this form if you have a child in grade 6-9 and wish to give them permission.

PERMISSION TO LEAVE AT NOON

Driving for Field Trips – we require these forms to be completed forms each year. If you change vehicles during the school year, please update the form then as well.

DRIVER AUTHORIZATON APPLICATION FORM

All Students in grades 6-12 and students in grade 4&5 who will be participating in school sports need to complete the SHSAA form E-7. Some of our sports teams' coaches and managers may have already sent you this form so if you have already completed it in the last couple of days you do not need to do it again for that student.

SHSAA FORM E-7

Kindergarten and all new students. This form is only necessary to complete once or if you decide to change the permission you have granted. This form covers sharing pictures and names of students through school division publications, media coverage, video footage or on websites, and yearbooks.

Parent/Guardian Permission

New parent and community volunteers and staff in Sun West School Division must get a **Criminal Record** /**Vulnerable Sector Check** prior to volunteering with students. The RCMP need to have a form completed by the school division or they will charge a fee. We encourage all new parents to get this form completed so that you could volunteer such as coaching, driving on field trips, etc. Please come to the office and we will fill out a one-page signed document for you to take to the RCMP. If you have any questions, please contact Cindy for more information.

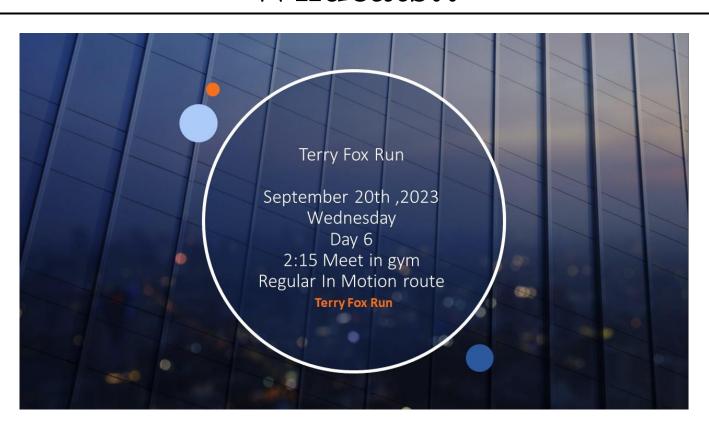
NWCS WILDCATS FOOTBALL

Home Games:

Thursday, Sept 28 vs Macklin @ 4:30 Thursday, Oct 19 vs Hafford @ 4:30

Admission \$3/person (5 and under free)

Come out and support our Wildcats!!



Apple Program – North West Central School Community Council

The Apple Program sponsor for the months of **September** is **R.M. of Winslow.** Thank you for your donation.

The apple program supplies and other healthy options twice a month. Our students really enjoy these healthy snacks. If you would like to be an Apple Sponsor, please reach out to Des Seime at 306-280-2557 by phone or text.



This year we will have 2 pizza sales per month. We will continue with our last school day Friday of the Month sale from the Plenty Hotel. New this year will be a monthly pizza sale from Panago Pizza. Our first Plenty Hotel Pizza Sale will be on September 22nd. The first Panago Pizza Sale will be on September 27th. Please check your child's schedule to see that they will be at school on the pizza sale days prior to ordering. Both of these are SLC fundraisers and we appreciate your support. This time the deadline to order for both sales will be midnight on Tuesday, September 19th.

PLENTY HOTEL PIZZA SALE

PANAGO PIZZA SALE

Plenty Playschool Registration

Plenty Playschool is excited to begin another year of Playschool. Playschool is open to 3 and 4 year olds. If you are interested in registering your child, please email: plentyplayschool@gmail.com to receive a registration package. Registration deadline is September 19, 2023. We look forward to hearing from you!

SUNDAY SEPTEMBER 24th
10:30 AM
CHURCH AND SUNDAY SCHOOL
resume at
DODSLAND UNITED CHURCH
followed by LIGHT LUNCH
Everyone welcome!

(In October, we will meet at Plenty United Church)

Prairie Soul Wellness September Offerings

Teen 12+ Soulfully HIIT Mondays 3:30-4:15

- A 45 minute session incorporating movement & mindfulness. Move the body in intervals mixing low impact cardio with rest to improve cardiovascular endurance and strength. Restore the body through both passive and active stretching then mindfully connect with your body by learning different breathing techniques to promote calmness, clarity & focus.
- Monday September 11, 18 & 25. \$45

Etransfer prairiesoulfitness@gmail.com to register in memo include teens name and age.

Gentle Yoga Mondays 9:30-10:30

- This class is uses gentle transitions between postures, is mindful of tender wrists and knees. Our focus is to strengthen and lengthen our muscles, articulate the spine, improve bone density and connect with our breath to mindfully move through the practice. A foundational mind, body & soul experience.

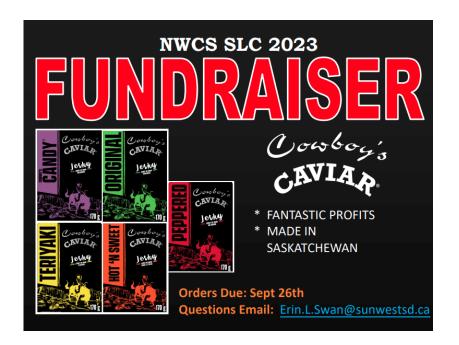
Slow Flow Wednesdays 7-8 am

- A meditative movement practice; flowing body movements with breath. This practice will be done in gentle heat once the heaters are installed. First few practices may be done at room temperature.

Stress Release Yoga September 17th 6:30-8pm

All sessions will be held at The Studio located in the bottom of Blown Away Beauty.

Message Amanda Stephens 306 831-7341 to inquire or visit my website at www.prairiesoulwellness.ca





COWBOY'S CAVIAR FUNDRAISER ORDER FORM

Cost - \$15.00 per 170g package beef jerky bites
Cheque to NWCS SLC

Name:



CUSTOMER NAME	PHONE NUMBER	CANDY	ORIGINAL	TERIYAKI	HOT N SWEET	PEPPERED	\$ AMOUNT PAID

For more information on each of the flavours visit www.cowboyscaviar.com/shop

Click on the button "Nutritional Facts"

facebook from Instagram

Thank you for your Support!

Plenty Wheatland Regional Library

We have a temporary change of hours this month.

We will open early on Tuesday, September 19 at 12:30 pm. On Tuesday, September 26 we will open at 3:30 pm. Sorry for any inconvenience.

Back to Reading Contest

The contest is open to all ages. When you borrow material(s), enter your name in the contest. There will be prizes awarded for the children and adults.

Draw date is Wednesday, September 27.

Dodsland Wheatland Regional Library

Good afternoon, by the looks of the land around us, harvest is almost done. School is back in session, football, volleyball, and dance are all happening, it must be Fall!

And with the beginning of fall a lot of new things are to happen.

We would like to showcase our young Artist in our community. So if there are any young artists out there, we would like you to contact our library, $@306-356\ 2180$ or 306-932-7220. Artwork may consist of sketching, painting, pastels art, or wood art, or ceramics. We really want to celebrate our Dodsland and Plenty talented youth!

We have been so lucky to have been receiving so many new books. Lots of books for our little people who are beginning to read, also our junior readers and young adults. As well as Westerns, Mystery, and Non-fiction books. DVDs, and Audio books also. Please remember if there are books that you would love to read, and we haven't got them, we can order them in for you.

Story Hour will resume on Thursday September 28^{th} @ 10:30. We will be having an exciting program this year. Please feel free to bring your children, for So social interacting with other children, playtime, a story, and craft. If your child happens to be in Kindergarten, they can join in the fun on the Thursdays, when there is no kindergarten. If you need or want more information, feel free to contact the Library @ 306-356-2180, or 306=932-7220.

Other programming; Adult and teen Paint night. There will be some evening programs happening as well. Other programs will be announced at a later time.

We would like to welcome our New Library Assistant, Kenzie Bannerman. Kenzie is from our Dodsland area and is in grade 12 this year.

A BIG thank you to Dawne Toner who gave the outside of our Library a New look by painting the door and the cedar trim. Thanks Dawne it looks Fantastic!

Please note that we have changed Our hours,

They are as follows: Mondays -1:30 - 7pm.

Wednesdays -2 - 8pm. Thursdays -10 - 4pm.

Follow us, Facebook – dodslandlibrary, or on Instagram – Dodslandlibrary to keep up on all that is happening at your local library. Have a great week.



Student Violence Threat Risk Assessment

FAIR NOTICE

Sun West School Division is committed to creating and maintaining school environments in which students, staff, parents/guardians/caregivers and others feel safe. Schools cannot ignore any threat of violence.

What is a throat?

- An expression of intent to do harm or act out violently against someone or something
- May be verbal, written, drawn, posted on the Internet, or made by gesture

Duty to Report

To keep school communities safe and caring, staff, parents/guardians/caregivers, students and community members must report all threat related behaviors to the school principal.

What is the purpose of a Student Violence Threat Risk Assessment?

- To ensure and promote the emotional and physical safety of students, staff, parents, the student making the threat, and others
- To ensure a full understanding of the context of the threat
- To understand the factors that contribute to the threat maker's behavior
- To be proactive in developing an intervention plan that addresses the emotional and physical safety of the threat maker
- To promote the emotional and physical safety of all

What behaviors warrant a Student Violence Threat Risk Assessment to be initiated?

A Student Violence Threat Risk Assessment will be initiated for behaviors including, but not limited to:

- Serious violence or violence with intent to harm or
- Verbal/written threats to harm or kill (clear, direct, and plausible)
- Online threats to harm or kill others
- Possession of weapons (including replicas)
- Bomb threats (making and/or detonating explosive devices)
- · Fire starting
- Sexual intimidation or assault.
- Gang related intimidation and violence

What Parents and Students Need to Know?

- · Any threat must be reported to the school principal
- Investigation may involve the student services counsellor, the police of jurisdiction, or other community agencies
- Investigation may involve locker or personal property searches
- Interviews will be held with the threat maker and other students or adults who may have information about the threat
- Parents of students who are directly involved will be notified
- Threatening behavior may result in disciplinary action
- An intervention plan may be developed for the student making the threat and a support plan developed for any individuals targeted by threats.

The information in this brochure reflects the thinking and work of J. Kevin Cameron, Director of the Canadian Centre for Threat Assessment and Trauma Response.



KINDERSLEY KARATE CLUB Fall Semester

Registration

September 18 at 6:30pm

(And First Night Of Class)

Semester Runs September - December

Kid Sport Applications Accepted

A parent/guardian must register & train with any 7 year olds at the time of registration Classes Run Mondays & Thursdays

at 6:30pm Adult & Youth (8+)
Elizabeth Middle School Gym

For More Information Call Cindy 306-604-9297

Curious About Karate - Try A Free Class

Monday, Sept 11, 2023 - 6:30pm - 7:30pm Thursday, Sept 14, 2023 - 6:30pm - 7:30pm

Elizabeth Middle School Gym

Everyone Welcome - Dress in loose comfortable clothes.

Benefits of KARATE

MIND

MEMORY RETENTION
CONFIDENCE
SELF-CONTROL
PROBLEM SOLVING
ADAPTATION

BODY

BALANCE COORDINATION FLEXIBILTY MUSCLE TONE ENDURANCE

SPIRIT

PATIENCE RESPECT INTEGRITY HUMILITY PRESERVERANCE