

#### North West Central School Thursday Note March 14, 2024

http://www.northwestcentral.sunwestsd.ca/



#### Principal's Message

Last week we focused on the key attributes of Habit 5 *Seek First to Understand, Then to be Understood.* Here are some more key ideas/quotes for this essential habit:

- \* People don't always have to have their way, but everybody likes the chance to have their say.
- \* When we Seek First to Understand, we listen empathically, putting ourselves as best we can into another person's experience before forming judgement or responding.
- \* Habit 5 is the habit of good communicaton. The most important skill to master with the habit is to listen.
- \* Attentive listening is giving full, uninterrupted attention to the person who is talking. It is capturing the content and intent of what is being said.

#### **Five Levels of Listening**

Ignoring	You are so caught up in your own thoughts that you totally ignore what is being said. Your mind is elsewhere.
Pretend Listening	You pretend to listen by responding with comments like, "yeah" or "cool" while in reality you are uninterested.
Selective Listening	You pay attention only to the parts of the conversation that interests you or that you agree with.
Listening With The Intent To Reply	You listen to the other person, but mostly you are preparing your reply.
Attentive Listening	You pay full attention to what people are saying, including their words, tone of voice and body language.

#### Wildcat Wows!

WILDCAT WOW - To Jodi for getting our report cards printed and sent home on Tuesday.

WILDCAT WOW – To Barb for organizing our Scholastic Book Fair for our students and families.

WILDCAT WOW – To all of our parents who signed up for interviews to discuss their child's learning.

When we work together, we can improve learning and behavior.

**WILDCAT WOW** – To Zach Kirk – he placed first in U19 Saskatchewan Alpine for this year!

#### **Guest Rider Program**

Sun West School Division has a Guest Rider Policy and Forms, we have these on our school website with the rest of the forms parents need to fill out throughout the school year. In order to use this guest rider program 48 hrs advance notice is needed. Forms must be handed in to the office 2 days prior to students riding another bus and all of the criteria is met.

#### **Important**

Deadline for submitting items for the Thursday Note is Wednesday before noon. Items received after that will not make it into the Thursday note.

#### Pizza Sales for March

<u>Plenty Hotel Pizza Link</u> – March 22<sup>nd</sup>, deadline to order is midnight on March 18.

Panago Pizza Link – March 28th, deadline to order is midnight on March 21st.

Up Coming Events		
March 14-21	Scholastic Book Fair (March 14 – 21)	
March 14	Student/Parent/Teacher Conferences	
March 15	Green Jello Sale	
March 18	No school in lieu of Student/Parent/Teacher Conferences	
March 20	Ski Day – Table Mountain Grades 4-9	
March 22	Pizza Sale	
March 28	Panago Pizza Sale	
March 29-April 7	Easter Break	
April 19	Report Cards Grade 10-12	

#### **School Community Council News**

Throughout the year, the School Community Council (SCC) has been running monthly classroom "Leader in Me" challenges. Each month, a teacher submits examples of their students displaying Leader in Me qualities and actions, and a classroom is chosen to win a treat from the SCC for their involvement in implementing LIM in our school.

Our winning classroom for the month of February is the Grade 11/12 class – Congratulations! The SCC would like to publicly acknowledge them for how well they are working together in class, checking in on one another, and supporting each other when one is struggling. They have a useful mindset and supporting their peers will help them be successful in high school and in their futures. Congratulations Grade 11& 12's! From your School Community Council.

#### PAA 10 apple crisps for sale!

We are selling homemade deep-dish frozen apple crisps for \$15 a container. All you do is take them and bake them for an hour, and then they are ready to eat. Each container feeds 3-4 people. Funds will be used for more PAA projects and supplies.

Contact Mr. Bulgis at bryce.bulgis@sunwestsd.ca to order one and to arrange pick-up.

#### **Grade 8/9 Field Trip Fundraiser!**

The grades 8-9 are fundraising for their end-of-year field trip and are doing a green Jello sale on Friday, March 15<sup>th</sup> (in honour of St. Patrick's Day). Each cup of green Jello is lime-flavoured, and whipped cream can be added to the top of the cup at no extra cost. Spoons will be provided.

#### **NWCS BUS DRIVERS**

Veronica Bartok 306- 460-4755 Jolene Heese 306-831-0114

Doug Motz 306-658-3338 Bernie Olson 306-430-4364

Bob Smith 306-460-6567 Ryan Webber 306-460-9477

Savannah Schoeler 306-426-7977 (Spare driver) Aileen Halter 306-604-9575 (spare driver)

Ray Althouse 306-948-7807 (spare driver)

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Click here to be directed to our school forms on our website.



## NWCS School Community Council Annual General Meeting

April 8, 2024, 7:00 pm

at North West Central School

#### A bit about what we do...

- Receive grant money each year and decide how best to spend it within our school.
   Past examples include:
  - Purchase of Hokki stools for EAs to sit beside students' desks
  - Purchase of outside toys for elementary school students at recess
  - Providing high school students with hot chocolate and cookies after writing exams
  - Helping to cover cost of guest speakers brought into the school
  - Providing snacks for staff during staff appreciation week
- · Organize student and community engagement events such as:
  - Librarian visits to school to promote literacy
  - Middle School Dance for Grades 5-8
  - Amazing Race event in June
- Organize the Healthy Snack/Apple Program with the support of our generous community sponsors

#### Current Members:

- Des Seime Chair
- Lindy MacLeod Treasurer
- Stacey McIntosh Secretary
- Jacqueline Weese
- Janelle Olson
- Kristin Neumeier
- Madison Murphy

All parents and community members welcome to come learn more about us, and we're always looking for new members

#### Please use the link below to cast your votes for the 2024-25 school year calendar.

We were pleased to have a calendar committee consisting of students, school librarians, educational assistants, teachers, principals, parents, student services personnel, SCC, trustees, CUPE Local 4802 and Sun West Teachers' Association representatives, and division office personnel. This committee established a number of options which will be voted on to create the 2024-25 school calendar. We appreciate this collaborative discussion and value your feedback in regard to calendar selection.

Please vote by Friday, March 15, 2024. Thank you.

https://www.surveymonkey.com/r/24-25Calendars

They are here!! Get your copy of the 2022-2023 yearbook!

Just click on the link! YEARBOOK

Still a few copies left. Get your copy of the 2021-2022 yearbook!

Just click on the link! Yearbook

#### **Apple Program – North West Central School Community Council**

This month's Apple Program Sponsor is Neumeier Ag Services (Lane and Kristen Neumeier). We appreciate your support!

The Apple Program supplies Apples twice a month as well as other healthy snacks such as cheese strings, yogurt tubes and granola bars. The students look forward to and enjoy these snacks!

If you would be interested in being a sponsor for this program, please contact any SCC Member.

# St. Patrick's Day March 15th \* Wear all green\*



#### The R.M. of Winslow #319

Box 310 Dodsland, SK S0L 0V0 Phone 306-356-2106, Fax 306-356-2085 Email: Operations@rmofwinslow.ca

#### Accepting Applications for "Summer Student"

Employment to commence July 8, 2024 or as mutually agreed.

#### Skills and Abilities

- · Clean Shop and related R.M. buildings and or equipment
- Operate power equipment such as Weed Wacker's, Lawn Mower, and power washer.
- Assist in Culvert and Signage Installation
- · Other Duties as required
- Team Player and Safety minded
- · Mobile data collection using a tablet
- On line courses required through Work safe Sask, Youth worker readiness and WHMIS 2015

Applicants are invited to submit a resume including:

Past and present work experience

Certifications

Current Drivers Abstract

Three References

**Application Deadline: June 15,2024** 



Sieben's School of Dance Dodsland/Plenty
Dance Recital Wednesday, March 27, 2024
NWCS Gym at 7:00 M
Doors Open at 6:30 PM
Come support your local Dancers!!
Silver Donation at the door
Submitted by Miss Haley







P The Studio; Plenty SK

Tuesday March 19 6:30-9:30 pm

Awaken your senses & creativity to bloom your intentions.

Sankalpa (Intention Ritual) with Candle Making, Embodiment Yoga & Sound Bath

To book either DM or visit www.prairiesoulwellness.ca

#### Soccer

Thank you to all the kids and coaches that participated in Plenty indoor soccer season! We will not be hosting a spring season in Plenty but for those of you who are interested Kindersley Soccer will have an outdoor session running from end of April – end of June (weather depending). We will have recreational teams for ages 4-18 and adult soccer. We will also offer competitive/travel teams for U9 and up based on enrolment.



The Dodsland library is having an evening of doing cross stitching.

When: Thursday March 14th at 7pm.

Where: The Dodsland Library.

To Register: Stop in at the library or call 306-356-2180 (the library) and leave a message or call Jan @ 306-932-7220.

Deadline to register is March 7<sup>th</sup>.

Come and enjoy an evening of fun and visiting with others.

#### **Plenty Wheatland Library**

March Take and Make Kit: Sock Bunnies are all taken, so for the rest of March the take and make kits will be pom pom characters.

If you can't make it to craft time we have another option available for you. Come to the library and pick up a craft kit that can be completed at home.

#### Lego Club 3:30-4:30 Tuesdays

Use your imagination to build with our library Lego collection. The challenge for March 19<sup>th</sup> will be to write a secret code with Lego.



#### Craft Club 3:30- 4:30 Wednesdays

Make a craft to take home or display at the library. On March 20<sup>th</sup> we will make Easter bunny cards to give to family and friends.



Did you know.....Wheatland Regional Libriaries had over 15,000 books/items added in 2023. That's a lot of new options for patrons! You can sign in on the Wheatland website to have these books ordered into our library or stop by in person and we can assist you in placing a hold on one of these great new reads.



### TEAM RIVERS WEST



## BASEBALL TRY-OUTS

FOR THE 2024
SASKATCHEWAN
SUMMER GAMES
JUNE 8TH & 9TH 9:00 AM
MAIDSTONE - DIAMOND 3

REGISTRATION DEADLINE MAY 20TH!

TO REGISTER: EMAIL

brett.harrison@nwsd.ca

Age: 15U - players born in 2009 or 2010 Arrive June 8th between 8 & 9 am Go to registration table beside the diamond

COST: \$40 PAID AT TRYOUTS
\*WEAR BALL UNIFORM AND BRING
BAT & HELMET\*



presented by TEINE



## TEAM RIVERS WEST TENNIS

## FOR THE 2024 SASKATCHEWAN

SUMMER GAMES
NE 22ND & 23RD 10 AM - 1 PM
D MILLER ALL SEASONS PARK

2902 - 59TH AVE, LLOYDMINSTER

Day 1: warm up, drills & skills assessment, doubles games & match play

Day 2: warm up, doubles match play, singles match play

#### TO REGISTERA

warren.aguinaldo@gmail.com 639-840-3563

Age: Born in 2010 or later (can be 14YOA prior to competition - born on Jan 1, 2010 or later). Min age is 11YOA (on or before July 20, 2024).

NO COST FOR TRYOUTS
NO REQUIREMENT FOR SASK TENNIS MEMBERSHIP
\*BRING SPORT/TENNIS APPAREL, CLEAN, NONMARKING TENNIS SHOES, RACQUET, WATER,
SUNSCREEN.\*

presented by TEINE

OYDMINSTER | SUMMER 2024

#### **Dodsland Wheatland Library**

Good afternoon, it sounds like the hockey season is finally winding down! Dance competitions have just started. March is always a busy time of the year.

#### \*Just a reminder that we have Changed our hours. \*

We are open on, Tuesdays from: 1;30 --- 7pm, Wednesdays from: 10 --- 4pm, Thursdays from: 1 --- 7pm.

#### \*Story Hour has been changed to Wednesdays; it starts at10:30. \*

Today at Story Hour, our theme was St. Patrick's Day. We tried to do some Irish dancing and listening to Irish music, the kids enjoyed trying to do the dancing part. We read 2 stories about St. Patrick's Day, for our craft we made a St. Patrick's Day card. Please come and join us on Thursday mornings, your little one will have a great time!

The winner of the Jelly Bean contest was, Marilyn Wilson.

#### Coloring Contest,

Is open for kids of every age including teens. Stop in and get your pictures, color them, and bring them back before Wednesday, March 20th. We will have 2 people from the community to do the judging. There will be prizes for the winners.

#### Reading contest:

Our contest is for all ages, for every book you take out your name is entered into our box. There are prizes for the top 3 readers in children, and adult readers. Contest ends, Thursday, March 28<sup>th</sup>.

#### Book Sale:

We have a great selection of books for you to choose from. Bring in a grocery bag and fill it up for \$5.00.

#### Anytime Craft Time:

Kids can come down to the library anytime we are open and do a craft. All we ask is that they come no later than an hour before we close.

#### Puzzle Exchange:

If you love doing puzzles but, you are tired of redoing your old ones, just bring them in and choose from the many different ones we have here.

We would like to restart the Artist Showcase once again. If you know of someone that is artistic, whether it be in painting, pottery, sketching, drawing, photography, or does sculptures. Please contact me, so I can speak to them about Showcasing their Art. Call the Library @ (306)356 – 2180 or Jan @ (306) 932 – 7220.

Thank you and have a great week.



#### What is it?

MaraFun is a running program that runs in conjunction with the Saskatchewan Marathon. It is open for youth 15 and under to participate in a Saskatchewan Marathon. Each MaraFun participant will run, walk, or wheelchair a minimum of 4km per week in the weeks leading up to race day. The program will run from **April 15<sup>th</sup>. May 26<sup>th</sup>** with formal practice times attached on schedule. Race day will take place in Saskatoon at Diefenbaker Park on **Sunday, May 26<sup>th</sup>**.

The cost of this program (\$20) covers the training program, t-shirts and medals for each participant. Throughout the program, there will be opportunities for the participants to learn about an active lifestyle, maintaining a physical activity program to promote health, and the importance of having personal goals. It is truly a unique way for youth to increase their activity levels, nutritional knowledge, and self-esteem.

#### How to sign up:

You will need to use this link to sign up under the NWCS team.

https://raceroster.com/events/2024/80670/2024-marafun-saskatchewanmarathon/register?team=604439

#### With your registration you will receive:

- 1. A finisher's medal.
- 2. A free 6 Week easy-to-follow training program.
- 3. A t-shirt with an area to personalize your built-in race bib.
- 4. Digital MaraFun race certificate.
- 5. Access to our MaraFun Private Page with additional content, videos and more.
- 6. Chances to win great prizes from the Saskatchewan Marathon partners and sponsors.
- 7. Plus a few surprises in the "MaraFun Race Kits"

#### Other Information:

Coaches: Madison Murphy & Helena Olson

We will create a seesaw page to communicate through and add any athletes signed up. If you need help signing up, or have any questions, feel free to contact Madison at <a href="madison.murphy@sunwestsd.ca">madison.murphy@sunwestsd.ca</a> or Helena at <a href="madison.murphy@sunwestsd.ca">helena.affleck@sunwestsd.ca</a>