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EATON CLIPPINGS

2022-2023 School Year Upcoming Events

September 1	First Day of School
September 5	No School Labour Day
September 23	Terry Fox Run
September 29	Orange Shirt Day
September 30	No School National Day for Truth and Reconciliation Day
October 7	No School PD Day for Teachers
October 10	No School Thanksgiving Monday
October 24	School Picture Day with Lifetouch
October 28	No School PD Day for Teachers
November 9	No School PD Day for Teachers
November 10	No School Day of in Lieu of Parent/Teacher Conferences
November 11	No School Remembrance Day
November 15	School Picture Retakes with Lifetouch
December 22-January 3	No School Christmas Break

Yearbook

The 2021-2022 yearbooks have arrived and the ones that were prepaid have been delivered. If you ordered one but did not submit payment before June 30, it can be picked up at the office.

Also, there are a limited number of extra 2021-22 yearbooks remaining for purchase. If you did not order a yearbook but would like to buy one, please contact Mr. Hoult at the school (967-2536). The extras cost \$35.00 each and will be sold on a first-come, first-served basis.

2022-2023 School Year Upcoming Events

January 30	No School PD Day for Teachers
February 20-24	No School Winter Break
March 16	No School PD Day for Teachers
March 17	No school Day off in lieu of Parent/Teacher Conferences
March 31	No School PD Day for Teachers
April 7-14	Easter Break
April 28	No School PD Day for Teachers
May 19	No School PD Day for Teachers
May 22	No School Victoria Day
June 10	Grad 2023
June 12	No School PD Day for Teachers
June 28	Last Day of School
June 29	No School PD Day for Teachers
June 30	Report Card Pickup

Remember to watch for our students on their way to and from school in the morning, at lunch and after school, and not just in the school zones.

Please obey flashing amber lights and slow to 30 km/hr in the school zone.

Always be vigilant and alert for pedestrians and students on bikes.

Let's keep everyone safe!



Principal's Message – September 2022

Hello, Spartans! What a great first day we had! The school was buzzing as Eaton Staff and our 133 students came through the doors on Sept 1st, excited for the start of a new school year. The Spartans united for a Welcome Assembly. We read aloud our Land Acknowledgement; sang O Canada; reviewed our Mission, Vision and Spartan Code of Conduct; and introduced our staff. Then, students and staff headed off to homerooms to unpack backpacks, get organized, share about summer, meet new friends, get reacquainted with others, go over coursework and delve into class work. There were lots of smiling faces heading home at the end of the day, a sure sign that the Spartans are off to a good start.

Welcome back to all our students and families! And a warm Spartan Welcome to our new students and staff! Eaton School Staff are enthusiastic about the upcoming school year.

Teaching Staff: Mrs. Harmony Palaschak, Mrs. Shelley Follensbee, Ms. Megan Chabot, Mrs. Nichole Bredy, Ms. Diedra Whitell, Miss Anika Sukkuh – Teacher Candidate with Ms. Whitell, Mr. Clint Hayes, Mr. David Korchinski, Mrs. Melinda Drozd – Teacher Candidate with Mr. Korchinski, Mr. Michael Hault, Mrs. Melanie Charnetski, Mrs. Rebecca Chambers – Career Ed 9 & Career Work Exploration 10/30, and Mrs. Lisa King

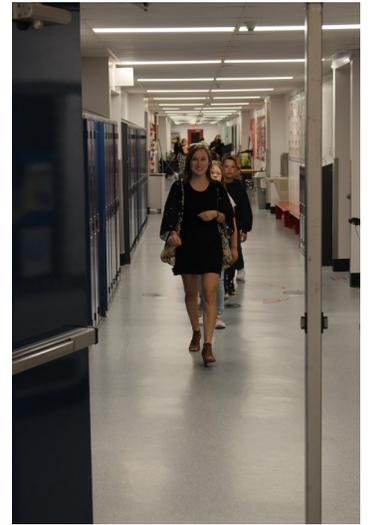
Support Staff: Mrs. Kathy Hoffman, Ms. Tracy Radies, Mrs. Candice Connolly, Mrs. Cindy Facca, Mrs. Naomi Green, Mrs. Julie Nunweiler, Mrs. Nicole Perry, Ms. Jennifer McKenzie, and Ms. Nikki Gibson

As always, staff take the few days before school begins to plan, collaborate and prepare for our students' arrival. A new copy of the Eaton Student & Parent Handbook was sent home to each family in print and digital form so that parents can check for old and new policies and read the latest information. Also, to foster further communication, a digital version of Morning Announcements was created for parents/guardians to access using a link that was emailed to all Eaton families. This Sway is a great way for parents to be aware daily of school events and performances, spirit days, hot lunches, extra-curricular activities, etc. Be sure to save the link to your desktop or device home screen for quick and easy access. We also invite parents and community to join us on social media to celebrate our students. You can keep up-to-date on the Eaton Happenings by following us on the Eaton School web page (<http://www.eaton.sunwestsd.ca>), our Facebook page (EatonSpartans), Twitter (@eatonspartans) or Instagram (eatonspartans) and of course, in our monthly Eaton Clippings newsletter.

I am excited about the 2022-2023 school year! I am anticipating a year of learning and growth at Eaton School as staff, family and community work together towards our vision of “Excellence Through Education” by engaging, empowering and equipping our students. #GoSpartans #SpartanPride

Lisa King

Eaton School Principal



Eaton School Community Council

The purpose of the Eaton School Community Council is to develop shared responsibility for the learning success and well-being of all children and youth; and to encourage and facilitate parent and community engagement in school planning and improvement processes. Our SCC helps to strengthen our school and play an important role in education at Eaton by improving and enhancing student learning.

We are looking for new members to join the Eaton SCC! Currently our council consists of Amy Knuttila (Chair), Kim Becker (Vice-Chair), Nicole Perry (Treasurer), Anna Guidinger (Secretary), Lindsay Larock (SCC Member), Harmony Palaschak (Staff Member) Michelle Brummund (Sun West Board Member) and Lisa King (Principal). However, with the Annual General Meeting coming up in October/November, we will be bidding farewell to both Amy and Nicole who have served on the SCC for a number of years. Thank you so much, Amy and Nicole, for all you have done to support our students and families, promote learning, and act as a link to the community.

Eaton School Events

Orange Shirt Sales
September 21@ Noon



September 29
Orange Shirt Day



SCC Fall Flapjack Fiesta
September 27



September 23



Watch for Dates to come in October!

**BOOK
FAIR**
Coming Soon!

Pizza Lunch for K-12 September 29
Watch for forms at a later date



Eaton School Bell Schedule – 2022-2023

ELEMENTARY (K-6)	
8:50	Warning Bell – Announcements
8:55 - 9:48	Period 1
9:48-10:40	Period 2
10:40-10:55	Recess
10:55-11:48	Period 3
11:48	Lunch
12:30	Warning Bell
12:35-1:27	Period 4
1:27 - 2:20	Period 5
2:20 - 2:35	Recess
2:35 – 3:27	Period 6
3:27	Dismissal

HIGH SCHOOL (7-12)	
8:50	Warning Bell - Announcements
8:55 – 9:48	Period 1
9:48 – 9:55	Break
9:55 – 10:48	Period 2
10:48 – 10:55	Break
10:55-11:48	Period 3
11:48	Lunch
12:30	Warning Bell
12:35-1:27	Period 4
1:27 – 1:34	Break
1:34 – 2:26	Period 5
2:26 – 2:33	Break
2:33 – 3:25	Period 6
3:25	Dismissal

Attendance in the high school end will be taken at the beginning of every class. Attendance in the elementary end will be taken at the start of the morning and afternoon.

*Effective Sept 8 2020

Grade 1 & 2 have been busy getting into routine for this year! The students energized using the parachute! The class loved creating Fall collages using the treasures they found outside! Painting is an all time favourite in Grade 1 & 2. Camping scenes were the paint project this time!





SUN WEST SCHOOL DIVISION 2022-2023 SCHOOL YEAR CALENDAR

LEGEND	
	Student First/Last Day
	No School
	Stat / Observed Holiday
	PO Staff Only Prof. Development
	In Lieu No School, in Lieu of Student-Parent - Teacher Conferences
Instructional/Operational Days: 181.0 197.0	
Student Days: Semester 1 - 91.0 Semester 2 - 90.0	

AUGUST 2022 ⁰ / ₅						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

SEPTEMBER 2022 ²⁰ / ₂₀						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

OCTOBER 2022 ¹⁸ / ₂₀						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

NOVEMBER 2022 ²⁰ / ₂₁						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

DECEMBER 2022 ¹⁵ / ₁₅						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

JANUARY 2023 ¹⁹ / ₂₀						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	Exam Dates: January 24 -27 Semester 2 starts January 31			

FEBRUARY 2023 ¹⁵ / ₁₅						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

MARCH 2023 ²¹ / ₂₃						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

APRIL 2023 ¹³ / ₁₄						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

MAY 2023 ²¹ / ₂₂						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

JUNE 2023 ¹⁹ / ₂₂						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Exam Dates: June 22, 23, 26, 27



Student Violence Threat Risk Assessment

FAIR NOTICE

Sun West School Division is committed to creating and maintaining school environments in which students, staff, parents/guardians/caregivers and others feel safe. Schools cannot ignore any threat of violence.

What is a threat?

- An expression of intent to do harm or act out violently against someone or something
- May be verbal, written, drawn, posted on the Internet, or made by gesture

Duty to Report

To keep school communities safe and caring, staff, parents/guardians/caregivers, students and community members must report all threat related behaviors to the school principal.

What is the purpose of a Student Violence Threat Risk Assessment?

- To ensure and promote the emotional and physical safety of students, staff, parents, the student making the threat, and others
- To ensure a full understanding of the context of the threat
- To understand the factors that contribute to the threat maker's behavior
- To be proactive in developing an intervention plan that addresses the emotional and physical safety of the threat maker
- To promote the emotional and physical safety of all

What behaviors warrant a Student Violence Threat Risk Assessment to be initiated?

A Student Violence Threat Risk Assessment will be initiated for behaviors including, but not limited to:

- Serious violence or violence with intent to harm or kill
- Verbal/written threats to harm or kill (clear, direct, and plausible)
- Online threats to harm or kill others
- Possession of weapons (including replicas)
- Bomb threats (making and/or detonating explosive devices)
- Fire starting
- Sexual intimidation or assault
- Gang related intimidation and violence

What Parents and Students Need to Know?

- Any threat must be reported to the school principal
- Investigation may involve the student services counsellor, the police of jurisdiction, or other community agencies
- Investigation may involve locker or personal property searches
- Interviews will be held with the threat maker and other students or adults who may have information about the threat
- Parents of students who are directly involved will be notified
- Threatening behavior may result in disciplinary action
- An intervention plan may be developed for the student making the threat and a support plan developed for any individuals targeted by threats.

The information in this brochure reflects the thinking and work of J. Kevin Cameron, Director of the Canadian Centre for Threat Assessment and Trauma Response.

The complete West Central Community Threat Risk Assessment and Support Protocol may be found on the Sun West School Division's website at www.sunwestsd.ca.

Preparing your child for back-to-school

Aug 16, 2022

The essential role sleep plays in your child's mental health

Human beings really need to sleep. It's as simple as that. Sleep is essential for recharging and rejuvenating our minds and bodies. It makes it possible to function in our daily lives and contributes to our overall health, well-being, and quality of life.

Sleep is vital at all ages but plays a particularly crucial role in a child's development. Studies have shown that kids who regularly get an adequate amount of sleep have improved learning, attention, memory, behavior, and overall mental and physical health. However, studies also show that **one in four** Canadian youth are not getting enough sleep, with one in three have trouble going to sleep or staying asleep.

Not getting enough sleep alters children's cognitive function and their ability to regulate emotions, impacting their overall well-being. If left unaddressed, this can increase the risk of developing mental health problems, such as anxiety and depression that may cause further sleep disruption.

Summertime can be busy, and routines can fall out of place. Children are out of school and may experience more disturbances with their sleep. With back-to-school around the corner, it is important to get back to basics, starting with your child's sleep schedule.

It is suggested that children ages 5-13 years old should get 9-11 hours of sleep per night and youth ages 14-17 years old should get 8-10 hours of sleep per night.

So, how can you combat sleep disturbances and set your child up for success? Consider these tips when preparing for back-to-school:

Create a routine

Children need routines, as they influence emotional, mental, and social development. Setting a bedtime and waking up at the same time every day is the first step to promoting well-being.

Reduce screen time

Technology like social media, TV, and video games, can keep your child's mind active at night, interfering with their sleep. It is important for your mind to unplug before bed. Turning off these devices and other bright lights an hour or more before bed can help your child sleep and prepare them for a good night's rest.

Set up a good sleep environment

A relaxing environment is conducive to falling – and staying – asleep. Ensuring your child has a comfortable mattress, dark curtains and a quiet space will support their sleep.

<https://cmha.ca/preparing-your-child-for-back-to-school/>

Copies of the 2022-2023 version of the Eaton School Student and Parent Handbook were given to the youngest student in K-6 families and each Gr 7-12 student.



**EATON SCHOOL
STUDENT & PARENT HANDBOOK**

2022-2023

Box 190 410-1st St. E.
Eatonia, SK S0L 0Y0
Phone: (306) 967-2536
Fax: (306) 967-2580
<http://www.sunwestsd.ca/eaton>
Eaton School (Facebook)
@eatonspartans (Twitter, Instagram)

Our Vision: Excellence Through Education

Our Mission: Engage, Empower, and Equip students to become life-long learners and responsible 21st Century citizens in a global society.

Updated Aug 31, 2022

*Please note this is a living document and as such, is subject to change.

Things Children Can Say to Make New Friends on the Playground:

That looks like fun!
Can you show me
how it works?

How did you do
this? Can you
show me?

What's your
favorite game to
play? Can you
teach me?

Can I have
a turn?

Do you want to
play tag?

What game are
you playing?
Do you mind
if I join?